

GIAAC Cross Country Champs  
Delancey Park  
1st March 2009

Men 6  
laps/miles

1 Steve Dawes	00:32:00
2 Lee Garland	00:33:36
3 Mark Mercier	00:34:57
4 Dave Crosland	00:35:34
5 Tristan Robilliard	00:35:56
6 Paul Ingrouille	00:36:10 1V40
7 Dan Smith	00:37:00
8 Ian Merrien	00:38:36
9 Richard Stapley	00:38:40 V40
10 Jon Sexton	00:39:22
11 Andrew Keast	00:39:45
12 Greg Robert	00:40:21 1V50
13 Robert Gallagher	00:40:24
14 Gordon Mercier	00:40:36 V50
15 Chris O'Neill	00:41:18 V50
16 Pat Down	00:45:11 V40
17 Brian Holden	00:47:19 V50
18 Terry Harnden	00:49:28 V50
19 John Dedman	00:51:51

Women 4  
laps/miles

1 Sarah Mercier	00:25:44 U20
2 Steff Lamb	00:30:12 U20
3 Sharon Leale	00:31:07 VW
4 Ann Setters	00:33:43 SVW