

GIAAC NEW YEARS DAY HANDICAP CROSS COUNTRY

4.75 MILES

Rocque Balan, L'Ancrese 1st Jan 2009

	running watch	hcap	actual	
1 Nick Leigh Morgan	41.54	8.00	33.54	
2 Matt Polli	42.03	8.00	34.03	
3 Andrew Walker	42.21	7.00	35.21	
4 Ciprian Ilie	42.56	2.00	40.56	
5 Matt le Huray	43.04	8.00	35.04	
6 Terry Greening	43.18	5.00	38.18	
7 Adele Langlois	43.21	4.30	38.51	
8 Brian Holden	43.22	6.30	36.52	
9 Shane Mecham	43.23	4.00	39.23	
10 Stuart Moseley	43.26	5.30	37.56	
11 Paul Hooker	43.33	11.30	32.03	
12 Richard Tostevin	43.38	4.00	39.38	
13 Katrina Thomson	43.41	13.00	30.41	2w
14 Samantha Herridge	43.42	11.30	32.12	3w
15 Robin Froome	42.42	6.30	36.12	
16 Warren Mauger	42.45	3.00	39.45	
17 Bryan O'Meara	43.52	9.00	34.52	
18 Steve Trebert	43.55	6.00	37.55	
19 Mark Naftel	44.02	13.00	31.02	
20 Steve Dawes	44.15	19.00	25.15	FTD
21 Rob Gallagher	44.25	12.30	31.55	
22 Terry Bates	44.31	13.00	31.31	
23 Kevin Le Noury	44.49	5.00	39.49	
24 Shirl Sumpter	44.51	3.00	41.51	
25 Stuart Le Noury	44.52	14.00	30.52	
26 Lyn Mahy	44.54	10.00	34.54	
27 Simon Streek	44.57	11.30	33.27	
28 Louise Perrio	44.58	16.00	28.58	1w
29 Adam Dorey	44.59	16.00	28.59	
30 Gregory Robert	45.01	13.00	32.01	
31 Lee Merrien	45.02	17.00	28.02	3ftd
32 Tristan Robilliard	45.07	17.00	28.07	
33 Tim Andrews	45.08	13.00	32.08	
34 Jonathon Hills	45.10	13.00	32.10	
35 Steve Smith	45.32	11.00	34.32	
36 Paul Ingrouille	45.34	16.00	29.34	

37 Lee Garland	45.36	19.00	26.36	2ftd
38 Phil Surry	45.38	14.00	31.38	
39 Terry Harnden	45.41	4.00	41.41	
40 Nathan Gosling	45.45	17.00	28.45	
41 Gordon Mercier	45.51	12.30	33.21	
42 Andrew Lawrence King	46.16	8.00	38.16	
43 Ian Merrien	46.28	16.00	30.28	
44 Will Bodkin	46.38	17.00	29.38	
45 Steve Bienvenu	46.39	15.00	31.39	
46 Pete Wickins	46.49	14.00	32.49	
47 Ron Harnden	46.58	0.00	46.58	
48 Anne Setters	46.59	0.00	46.59	
49 Sam Abbott-Harland	47.32	2.00	45.32	
50 Richard Stapley	47.35	16.00	31.35	
51 John Dedman	53.42	10.00	43.42	