

GIAAC 5K Road Race  
L'Ancrese/Bordeaux Loop  
5th April 2009

1 Ronan Shally		16:47
2 Dave Dyke	V40	18:08
3 Ian Merrien		19:03
4 Terry Bates	V50	19:32
5 Patrick Down	V40	21:11
6 Shane Mechem		21:25
7 Chris Haines	V50	21:42
8 Brian Holden	V50	21:46
9 Steve Falla	V40	22:06
10 Gina Rowe	W	23:21
11 Kelly Patterson	W	24:09
12 Terry Harnden	V50	25:25