

### Event 2 400m Hurd

| No. | Name            | Club | Time  |
|-----|-----------------|------|-------|
| 1   | 41 D. Garland   | CIAC | 52.97 |
| 2   | 63 P. Irving    | CIAC | 54.68 |
| 3   | 105 R. Scott    | WGEL | 56.20 |
| 4   | 125 L. Whiteley | SH   | 60.48 |
| 5   | 39 C. Forrest   | CIAC | 64.04 |
| 6   |                 |      |       |

### Event 4 800m

| No. | Name              | Club        | Time           |
|-----|-------------------|-------------|----------------|
| 1   | 84 <b>D. Moss</b> | <b>WGEL</b> | <b>1:49.92</b> |
| 2   | 71 I. Lowthian    | SH          | 1:56.08        |
| 3   | 5 M. Bailey       | CIAC        | 2:00.27        |
| 4   | 106 R. Shally     | CIAC        | 2:01.33        |
| 5   | 12 W. Bodkin      | GIAAC       | 2:10.90        |
| 6   |                   |             |                |

### Event A Hammer

| No. | Name          | Club       | Dist.  |
|-----|---------------|------------|--------|
| 1   | 109 A. Smith  | SH         | 65.05m |
| 2   | 6 J. Bedford  | Birchfield | 61.05m |
| 3   | 7 M. Bell     | Birchfield | 60.82m |
| 4   | 52 F. Harford | WGEL       | 33.95m |
| 5   |               |            |        |
| 6   |               |            |        |

### Event 1:100m

| No. | Name              | Club       | Time  |
|-----|-------------------|------------|-------|
| 1   | 1 T. Abeyie       | WGEL       | 10.88 |
| 2   | 22 A. Condon      | SH         | 10.93 |
| 3   | 102 A. Robertson  | SH         | 10.94 |
| 4   | 146 F. Falconer   | Birchfield | 11.17 |
| 5   | 13 D. Bradley     | Birchfield | 11.19 |
| 6   | 61 J. Hughes-John | SH         | 11.37 |
| 7   | 115 N. Stevens    | CIAC       | 11.40 |

### 1.5m/s Event 15 200m

| No. | Name             | Club       | Time  |
|-----|------------------|------------|-------|
| 1   | 146 F. Falconer  | Birchfield | 22.09 |
| 2   | 4 G. Atkinson    | SH         | 22.19 |
| 3   | 115 N. Stevens   | CIAC       | 23.03 |
| 4   | 72 D. Martin     | CIAC       | 23.75 |
| 5   | 79 A. Mildenhall | WGEL       | 23.98 |
| 6   |                  |            |       |
| 7   |                  |            |       |

### Event D Shot Putt

| No. | Name              | Club       | Dist.  |
|-----|-------------------|------------|--------|
| 1   | 73 R. Martisaukas | SH         | 16.62m |
| 2   | 37 C. Fletcher    | WGEL       | 16.30m |
| 3   | 33 E. Dunford     | Birchfield | 13.80m |
| 4   | 44 M. Gouldbourne | SH         | 13.44m |
| 5   |                   |            |        |
| 6   |                   |            |        |
| 7   |                   |            |        |

### Event 1:110m Hurdles

| No. | Name                      | Club              | Time         |
|-----|---------------------------|-------------------|--------------|
| 1   | 143 <b>Gianni Frankis</b> | <b>N &amp; EB</b> | <b>14.13</b> |
| 2   | 13 D. Bradley             | Birchfield        | 14.94        |
| 3   | 33 E. Dunford             | Birchfield        | 15.26        |
| 4   | 148 V. Pankovych          | SH                | 16.43        |
| 5   |                           |                   |              |
| 6   |                           |                   |              |

### Event 20 Golden Mile

| No. | Name             | Club     | Time    |
|-----|------------------|----------|---------|
| 1   | 78 L. Merrien    | CIAC     | 4:08.76 |
| 2   | 81 J. Mills      | Bath Uni | 4:10.34 |
| 3   | 80 P. Miles      | OWLS     | 4:11.75 |
| 4   | 23 R. Corcoran   | Ireland  | 4:20.80 |
| 5   | 88 S. North      | SH       | 4:22.39 |
| 6   | 79 A. Mildenhall | WGEL     | 4:35.74 |
| 7   | 16 T. Brown      | CIAC     | 4:40.87 |

### Event E Long Jump

| No. | Name               | Club              | Dist.        |
|-----|--------------------|-------------------|--------------|
| 1   | 83 <b>J. Moore</b> | <b>Birchfield</b> | <b>7.79m</b> |
| 2   | 51 E. Hannon       | SH                | 7.18m        |
| 3   | 72 D. Martin       | CIAC              | 7.14m        |
| 4   | 35 E. Ewulo        | WGEL              | 7.05m        |
| 5   | 33 E. Dunford      | Birchfield        | 6.31m        |
| 6   | 118 S. Stonebridge | GIAAC             | 5.66m        |
| 7   |                    |                   |              |
| 8   |                    |                   |              |

### Event 2:400m

| No. | Name            | Club       | Time  |
|-----|-----------------|------------|-------|
| 1   | 36 A. Fernandez | N & EB     | 47.43 |
| 2   | 31 T. Druce     | CIAC       | 48.24 |
| 3   | 86 S. Nelson    | Birchfield | 49.38 |

### Event 25 4 x 100m

| No. | Name           | Club | Time  |
|-----|----------------|------|-------|
| 1   | Birchfield     |      | 42.50 |
| 2   | Sale Harriers  | SH   | 43.11 |
| 3   | Channel Islanc | CIAC | 43.12 |

### Event H Discus

| No. | Name              | Club | Dist.  |
|-----|-------------------|------|--------|
| 1   | 44 M. Gouldbourne | SH   | 52.15m |
| 2   | 73 R. Martisaukas | SH   | 42.70m |
| 3   | 37 C. Fletcher    | WGEL | 41.68m |

|   |                         |             |                |                 |                  |              |                 |              |                  |
|---|-------------------------|-------------|----------------|-----------------|------------------|--------------|-----------------|--------------|------------------|
| 4 | 71 I. Lowthian          | SH          | 51.08          | Woodford Gre    | WGEL             | 45.01        | 33 E. Dunford   | Birchfield   | 41.54m           |
| 5 | 103 H. Robinson         | CIAC        | 53.59          |                 |                  |              |                 |              |                  |
| 6 |                         |             |                |                 |                  |              |                 |              |                  |
|   | <b>Event 2 4 x 400m</b> |             | <b>3:16.03</b> |                 |                  |              |                 |              |                  |
|   | <i>No. Name</i>         | <i>Club</i> | <i>Time</i>    | <i>No. Name</i> | <i>Club</i>      | <i>Dist.</i> | <i>No. Name</i> | <i>Club</i>  | <i>Dist.</i>     |
| 1 | Channel Islands         | CIAC        | 3:21.01        | 1               | 34 G. Dyball     | WGEL         | 1               | 96 S. Porter | SH               |
| 2 | Woodford Green          | WGEL        | 3:31.13        | 2               | 30 S. de la Haye | CIAC         | 1.95m           | 2            | 11 J. Boddington |
| 3 | Sale Harriers           | SH          | 3:50.50        | 3               | 148 V. Pankovych | SH           | 1.90m           | 3            | 122 S. Touzeau   |
| 4 |                         |             |                | 4               | 61 J. Hughes-Joh | Err:504      | 1.60m           | 4            | 22 A. Condon     |
| 5 |                         |             |                | 5               |                  |              |                 | 5            |                  |
| 6 |                         |             |                | 6               |                  |              |                 | 6            |                  |

**Event K Javelin**

|   |                  |             |              |
|---|------------------|-------------|--------------|
|   | <i>No. Name</i>  | <i>Club</i> | <i>Dist.</i> |
| 1 | 96 S. Porter     | SH          | 57.14m       |
| 2 | 11 J. Boddington | WGEL        | 55.00m       |
| 3 | 122 S. Touzeau   | GIAAC       | 44.51m       |
| 4 | 22 A. Condon     | SH          | 36.57m       |
| 5 |                  |             |              |
| 6 |                  |             |              |

**Event L Triple Jump**

|   |                   |             |              |
|---|-------------------|-------------|--------------|
|   | <i>No. Name</i>   | <i>Club</i> | <i>Dist.</i> |
| 1 | 75 M. McKiernan   | Birchfield  | 14.58m       |
| 2 | 58 J. Hilton      | SH          | 13.62m       |
| 3 | 46 J. Guille      | CIAC        | 12.82m       |
| 4 | 89 S. Ojo         | WGEL        | 12.79m       |
| 5 | 50 Z. Hanley      | GIAAC       | 11.78m       |
| 6 | 49 R. Hanley      | GIAAC       | 11.20m       |
| 7 | 61 J. Hughes-John | SH          | 10.89m       |
| 8 |                   |             |              |