

## GUERNSEY ATHLETICS IN 2010

As we reach the end of another busy year of athletics it seems an appropriate time to review our year and look forward to the exciting future that 2010 and beyond holds.

And what better way to look forward than to start off by looking back. That task is made all the easier by the excellent Guernsey Records Booklet written by Ray Hollis. Ray's book logs the senior athletics records in Guernsey. We plan to launch the book at the final race in the Fusion Cross Country League series on Saturday 12<sup>th</sup> December

The book is a wonderful collection of statistics covering men and women's island records, rankings and a collection of Guernsey events including the Liberation day 7 mile road race and cross country events.

Of course it is a real pleasure to see the performances of so many of our current athletes in the records and hopefully the book will prove to be an aspiration to some of our younger athletes. But one of the real pleasures of the book is to see the quality of some of the records that still stand. If you look at the Guernsey Island Records then it reflects well on club improvements that 45 of the records – more than two thirds – have been set in the last ten years.

But that just emphasises the quality of some of our longstanding records. The oldest Guernsey island record is David Kreckeler's three mile mark set in Mospur Park in 1962 in a time of 13 minutes 52 seconds followed by a six mile record in 28 minutes in 1965. Both records meant that Dave was running at less than 4 minutes 40 seconds per mile. Barry Tristram's record shot throw of more than 15 meters goes back to 1966 and perhaps most impressive is Ketih Falla's trio of 800 meters, 1000 meters and 1000 yards that were set in 1969 and 1973. When we think of the quality of 800/1500meter runners since those days who have not been able to break the record it is a tribute to just how good those times were.

Club member who are mentioned in the Record book:

By our records over 75 club members or recent members feature in the records booklet. Congratulations to all those who get a mention.

Dale Garland; Tom Druce; Lee Merrien; Lee Garland; David Kreckler; Phil Diamond; James Menhennit; Nathan Stevens; Matt Bailey; Hywel Robinson; Carl Thomson; Rob Elliott; Jason Le Noury; Leo Rice; Robin Cowling; Mark Mercier; Jordan Gilvear; Zak Hanley; Josh Allaway; Jaques Ogier; Matt Loveridge; Robbie Titterington; Andrew Hearse; Michael Batiste; Alan Rowe; Paul Ingrouille; Glen Etherington; Steve Dawes; Jason Woodhard; Nick Marley; Iain Bailey; Tim Coates; Francis Kehoe; Geoff King; Marcel Le Clerc; Ronan Shally; Pete Wickins; Mike Doyle; Stuart Falla; Ross Hanley; Gordon Mercier; Brian Holden; Tim Johns; Dave Dyke; JP Mace

Kimberley Goodall; Helen Hadjam; Martine Scholes; Debbie Doherty; Kylie Robilliard; Laura Arblaster; Sarah Hume; Sarah Mercier; Emma Batiste; Sadie Addlesee; Helen Watts; Theresa Roberts; Kristy Grant; Chloe Huxster; Emma Le Conte; Susan Potter; Shannen Higgins; Kelly Magee; Kelly Loveridge; Nicole Petit; Sam Herridge; Janette Shepherd; Caroline Kyle; Kerry Robin; Jenny Elliott; Shanine Johns; Di Lawrence; Gail Merrien; Lyn Mahy; Katrine Thompson; Jayne Le Noury

At a recent committee meeting we all fell out over which records might be broken this year. So, after much discussion, here is a list of those of the senior and under 20's records that could be a target for 2010.

Men	Event		Time/distance	Record holder	
1.	100m --	GI record –	10.8	Ryan de Haaf	non wind assisted 2003
2.	110mh	GI Record	14.65	Dale Garland	2005
3.	600m	GI Record	78.27	Tom Druce	2008
4.	Marathon	GI Record	2hs 23 54s	Peter Bourgaize	1985
5.	4X100	GI Record	42secs		2003
6.	4X400	GI Record	3.12.38		2009

#### Under 20

1.	400m	GJunior Best	49.28	Tom Druce	2005
2.	4X400	GJunior Best	3m46.8		1989
3.	Pole Vault	GJunior Best	3m50s	Mike Ashman	1998

#### Women

1.	1500m	GI Record	4m 38.58	Martine Scholes	2008
2.	2000m s/c	GI Record	7m43.5	Debbie Doherty	2005
3.	3000m s/c	GI Record	11m 12.6	Louise Perrio	2009
4.	800m	GI Record	2m09.98	Helen Hadjam	2008
5.	Pole Vault	GI Record	2m25	Fiona Ferbrache	1998
6.	3000m	GI Record	10m 01	Martine Scholes	2008
7.	5000m	GI Record	17m 20.1	Louise Perrio	2007

Finally, a very big thanks to Ray for compiling the records. I know that Ray would appreciate being informed of any information that you might have on the records.

