

## GIAAC RECORDS 2010

The new entries in the 2010 Records Book tell us much about the strengths of the GIAAC.

The book is produced annually by Club Stalwart Ray Hollis. It is a comprehensive record of Guernsey athletics from seniors to under 17's. It covers all track/field events as well as various road /cross-country races.

Firstly, it is pleasing to report that we have over 150 new entries in the book. That is testimony to the value of arranging quality events in Guernsey. By coincidence the Inter-Trust and the British Athletics League Match account for forty-two entries each across all events. It is also pleasing to report that some traditional events continue to attract top quality entrants. The Spearpoint half marathon recorded four entries including Lee Merrien's Guernsey Best Performances of 64 minutes, whilst the Church to Church Race Walk recorded the second fastest women's time of 3 hours 19 minutes by Marie Jackson of Manx Harriers.

Equally pleasing is that thirty club athletes have made it into the records in 2010. Louise Perrio received most mentions with eleven entries over six events. These varied from one mile to 5000 meters plus breaking the Guernsey record over the full course. It is especially impressive that Louise broke four women's club records over the Summer.

Closely following Louise is rising star Leo Rice. Leo's stand-out performance was his 400 metre hurdles Inter-Insular performance in September 2010, which broke Dale's twelve year record. It also placed him second in the list of Guernsey best performers over 400 metre hurdles. Leo got into the record books nine times for 110 metre hurdles, 400 metres and managed a couple of entries in the Pole Vault including recording fifth place in Guernsey Best Performances.

It was also pleasing to see the likes of Teresa Roberts, Ross Hanley, Sarah Mercier and Steve Dawes getting into the entry books three to four times, and a special mention should go to Katie Rowe whose sub-five minute 1500 metres in late September put the 13 year old in the top twenty-five Guernsey and All Comers Best Performances for that event.

Although it is pleasing to report so many entries we should also note that there are a few gaps. Ross Hanley's excellent triple jump of 13 metres 57 put him fifth on the list of Triple Jump Best Performances but that was the only appearance on any jumps from the men. Equally the only entry in jumps from the girls was Robyn Wild's triple jump in May which placed her in the top 30 triple jump performances.

The Throws are the same story with the notable exception of Debbie Doherty entering the top ten Javelin Throwers when she broke 35 meters.

It is well-recorded that our Commonwealth Games Team had an injury-ravaged season and that is evident in the lack of entries from the team. We might have expected records to fall by the sack-full. But that didn't happen prior to the Games and, sadly, only one entry made it into the record books. Kylie Robilliard's 100 metres performance made it to the top ten of Guernsey and All Comers Best Performance over the Sprint.

So, what was the outstanding performance in 2010? As it has so often been in recent years, it is a competition between Dale and Lee. Dale's 200 metres record was an excellent achievement, improving on his previous best performance in 2006. But Lee's London Marathon race smashed the 25 year old record by seven minutes. For the women Louise's great season is reflected in her recording nearly half of all the top 10 female performances in 2010

Alun Williams

## Top 10 performances in 2010 – A personal view

### *Men*

1.	Marathon	Lee Merrien	2h.16m.48s	Newham & Essex Beagles A.C.	London	25.04.10
2.	200 mtrs	Dale Garland	21.6s	Guernsey Island A.A.C	Footes Lane Guernsey	19.06.10
3.	3000 mtrs	Lee Merrien	8m.06.6s	Guernsey Island A.A.C	Footes Lane Guernsey	16.09.10
4.	400 mtrs Hdls	Leo Rice	54.9s	Guernsey Island A.A.C	Footes Lane Guernsey	11.09.10
5.	Men Half Marathon -	Steve Dawes	67.49	Guernsey Island A.A.C	GOSPORT	Nov-10
6.	400 mtrs	Hywel Robinson	49.86s	Channel Islands A.C.	Ashford	05.06.10
7.	200m	Hywel Robinson	22.1s	Guernsey Island A.A.C	Footes Lane Guernsey	19.6.10
8.	1500 mtrs	Matt Loveridge	4m.04.19	Channel Islands A.C.	Ashford	05.06.10
9.	110 mtrs Hurdles	Glenn Etherington	15.1s	Guernsey Island A.A.C	Footes Lane Guernsey	19.06.10
10.	Triple Jump	Ross Hanley	13.57m	Channel Islands A.C.	Ashford	05.06.10

## **Women**

1.Women 5000 mtrs	Louise Perrio	16m.40.7s	Guernsey Island A.A.C	Cardiff	28.08.10
2.Women 3000 mtrs S/C	Louise Perrio	11m.05.44s	Guernsey Island A.A.C	Birmingham	27.06.10
3.Women 1500 mtrs	Sarah Mercier	4m.37.7s mx	Guernsey Island A.A.C	Footes Lane Guernsey	20.05.10
4. Women Cross Country (4 5/8 miles)	Louise Perrio	28m.16s	Guernsey Island A.A.C		2010
5.Women Relay 4 x 100m	Guernsey	51.5s	Guernsey Island A.A.C	Footes Lane Guernsey	19.06.10
6. Women 10000 mtrs	Martine Scholes	36.55.0s	Guernsey Island A.A.C	Footes Lane Guernsey	10.06.10
7Women 100 mtrs	Teresa Roberts	12.5s	Guernsey Island A.A.C	Footes Lane Guernsey	12.09.10
8.Women 100 mtrs	Kylie Robilliard	12.4s	Guernsey Island A.A.C	Footes Lane Guernsey	11.09.10
9.Women 1500 mtrs	Katie Rowe	4m.58.9s	Guernsey Island A.A.C	Footes Lane Guernsey	16.09.10