



## **LEE MERRIEN RUNNING SPRING & SUMMER PARK 5KM SERIES**

**First event Friday 18<sup>th</sup> March at Saumarez  
Park**

- \*Traffic free Races (all races from Saumarez Park)**
- \*One race every month**
- \*Run as a one off or as part of a series**
- \*Open to all levels of ability**
- \*Entry on the night**

Why not test your fitness or measure your improvement across the course of the summer by running in one or more of our Park 5km events.

Open to all levels of fitness and ages. Although note runners must be aged 13 or over to run the 5km distance but other distances will be on offer for Under 13's.

Races start from 6pm onwards. Registration for the 5km from 5.30pm. Junior races start at 5.30pm.

Checkout [www.leemerrienrunning.com](http://www.leemerrienrunning.com) for more dates and event information.