

## **OSA Recruitment All Terrain Challenge Track Race Rules for Groups 2, 3 & 4**

The races will be 1000mtrs (2 1/2 laps), with a draw for lanes. Female competitors will run 850m. Groups 2, 3 and 4 will be split into two semi-finals according to the general classification after Tuesday's race.

**SEMI-FINAL A** will contain competitors in positions 1, 4, 5, 8, 9, 12, 13

**SEMI-FINAL B** will contain competitors in positions 2, 3, 6, 7, 10, 11, 14

### **Qualification for Final**

The qualification for the final will be as follows:

Group 2	First 3 from each semi to qualify for the A final
Group 3	First 3 from each semi to qualify for the A final
Group 4	If there are 10 or 11 competitors – first 3 from each semi to qualify for A final If there are only 9 competitors – first 2 from each semi to qualify for A final

Those who do not qualify for the A final will be in the B final.

### **Time Awards**

Time will be added to general classification according to overall finishing position within the division. The winner of the A final will have 0 seconds added to overall time, the 2nd placed competitor 5 seconds, 3rd 10 seconds etc. The winner of the B final will have 5 seconds more than the last competitor in the A final added to the overall time. Subsequent finishers will incur an additional 5 seconds each.